

Water Safety

Document Control

| Revision Number | Implementatio n Date | Review Date | Prepared By | Approved By |
|--------------------|-------------------------|----------------|-------------------|-------------|
| 1 | April 2023 | September 2023 | Katherine Darroch | |

Rationale

The safety and supervision of children is paramount when in or around water. This relates to water play, excursions near water, and hot water, drinking water and hygiene practices with water in the Service environment. Children will be supervised at all times during water play experiences to help keep children safe in and around water and support children's learning in a safe environment.

National Quality Standard (NQS)

| Quali | Quality Area 2: Children's Health and Safety | | | | |
|-------|----------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|
| 2.1.2 | Health practices and procedures | Effective illness and injury management and hygiene practices are promoted and implemented. | | | |
| 2.2 | Safety | Each child is protected | | | |
| 2.2.1 | Supervision | At all times, reasonable precautions and adequate supervision to ensure children are protected from harm and hazard | | | |
| 2.2.2 | Incident and emergency management | Plans to effectively manage incidents and emergencies are developed in consultation with relevant authorities, practised and implemented. | | | |

Legislative Requirements/Education and Care Services National Regulations

| Children (Education and Care Services) National Law NSW | | | | |
|---------------------------------------------------------|-------------------------------------------------------------------------------|--|--|--|
| Sec. 165 | Offence to inadequately supervise children | | | |
| Sec. 167 | Offence relating to protection of children from harm and hazards | | | |
| 25(1)(c) | Additional information about proposed education and care services premises | | | |
| 101 | Conduct of risk assessment for excursions | | | |
| 115 | Premises designed to facilitate supervision | | | |
| 122 | Educators must be working directly with children to be included in ratios | | | |
| 126 | Centre based services-general educator qualifications | | | |
| 168 (2)(a)(iii) | Education and care service must have policies and procedures in relation to - | | | |
| | Water safety, including safety during any water-based activities | | | |
| 170 | Policies and procedures to be followed | | | |

Related Policies

Administration of First Aid Policy
Child Safe Environment Policy
Educational Program Policy

Excursions and Incursions Policy Incident, Trauma and Illness Policy Sun Safety Policy

Purpose

To ensure the safety and supervision of children in and around water. This includes water play, excursions near water, hot water, drinking water and hygiene practices with water in the Service environment.

Scope

This policy applies to children, families, staff, management, Approved Provider, Nominated Supervisor, students, volunteers and visitors (including contractors) of the Service.

Implementation

Under the Education and Care Services National Regulations, an approved provider must ensure that policies and procedures are in place for managing water safety, including during any water-based activities and take reasonable steps to ensure those policies and procedures are followed.

According to Kidsafe, drowning is one of the leading causes of unintentional death for Australian children. Every year a number of children are killed and hundreds more rescued from near drowning situations. Non-fatal drowning incidents are also of great concern as they can have potential long-term effects, including brain damage and permanent disability.

The most common factor in childhood drowning is lack of supervision. A child can drown in as little as a few centimetres of water. Items such as nappy buckets, sinks, pet drinking bowls, ponds, pools, water features, water tanks are all potential drowning hazards. [https://kidsafe.com.au/water-safety/]

Water Hazards

The National Regulations make reference to 'water hazards' however the term is not expressly defined. In this policy, a water hazard is defined as anything that can hold 5cm of water and fit a child's nose and mouth and a 'water hazard' may include:

- Large bodies of water such as dams, creeks, river or pooling water, swimming pool, portable pools and spas, jetted bathtubs (or Jacuzzis)
- Fishponds
- Smaller bodies of water such as baths, mop buckets
- Sinks, basins
- Water feature, such as a wishing well
- Containers for feeding animals
- Water troughs, containers for paddling- clam shells
- Dams, creeks, river or pooling water
- Beach

Management/Nominated Supervisor/ Responsible Person will:

- Complete detailed risk assessments that identify and assess risks associated with any water hazards and water-based activities.
- Ensure water hazards and water play are always highly supervised including:
 - Direct and constant monitoring of children
 - o Careful and intentional positioning of educators
 - o Scanning and moving around the environment
 - o Observing play and anticipating behaviour
 - Ensuring higher adult to child ratios.
 - o Ensuring no child is left unattended when in proximity to water

- Provide direction and education to educators, staff and families on the importance of children's safety and supervision in and around water.
- Ensure health and safety practices incorporate approaches to safe storage of water and water play.
- Ensure premises adjacent to or providing access to, any water hazards that are not able to be adequately supervised at all times (e.g. dams, swimming pool) are to be isolated from children by a child resistant barrier or fence.
- Ensure there are no items near fencing that children could climb up onto to gain access to a water hazard (pot plants, boxes, chairs).
- Conduct a risk assessment in accordance with Regulation 101 prior to taking children on an excursion- consider any water hazards and any risks associated with water-based activities before an excursion/incursion is approved
- Conduct a risk assessment in accordance with the requirements prior to taking children on an excursion, which contains or may contain water.
- Ensure at least one Educator who holds a current approved first aid qualification must be in attendance at all times.
- Display a Cardiopulmonary Resuscitation (CPR) guide near any water.
- Ensure water hazards are always supervised.
- Ensure hot water is inaccessible to children.

Educators will:

- Supervise children near water at all times
- Never leave children alone near any water
- Ensure fish / frog ponds and water features that are not able to be adequately supervised at all times and/or pose an unacceptable risk to children are guarded or effective barriers are in place.
- Complete a daily Safety Inspection of premises to ensure that all hazards are known and minimised. When a hazard or potential hazard is detected, Educators will complete a risk assessment to address any concerns and children will be excluded from the area until the hazard has been rectified.
- Utilise water activities in appropriate weather as part of the planned program
- Allow the children the opportunity to experiment with water, sand and mixing materials.
- Incorporate water safety awareness into the educational program
- Monitor all taps on the premises that children have access to and ensure they are turned off securely when not in use
- Safely cover or make inaccessible to children all water containers, e.g. mop buckets
- Empty wading pools immediately after every use, store to prevent the collection of water, e.g. upright
- Check for and empty any water that has collected in holes or containers after rainfall or watering gardens
- Ensure water troughs are not used without a stand to keep it off the ground
- Ensure children remain standing on the ground whilst using the water trough
- Ensure buckets of water for soaking toys or clothing are inaccessible to children
- Ensure water troughs or containers for water play are filled to a safe level and emptied into the garden areas after **each** use.

- Discourage children from drinking from these water activities (as above).
- Ensure laundry, storerooms and Educator areas are to have **Staff Only** Signs on doors to remind adults to close doors behind them.
- Teach children about staying safe in and around water
- Ensure wading pools/water troughs are hygienically cleaned, disinfected and chlorinated appropriately:
 - o On a daily basis remove leaves and debris, hose away surface dirt and scrub inside with disinfectant.
 - Wash away disinfectant before filling pool/trough.
 - o Add Chlorine to pool before children used the pool.
 - o Check chlorine levels frequently.
 - Children with diarrhoea, upset stomach, open sores or nasal infections should not use the wading pool or water trough
 - All children should wear appropriate bathers, go to the toilet before entering the pool, and follow correct toileting hygiene practices while in the pool.
 - o Remove all children immediately, empty and disinfect the pool should a child pass a bowel motion whilst in the pool

Operational Safety

- Water tanks will be labelled with "Do Not Drink" signage and the children will be supervised in this area to make sure they are not accessing this water for drinking.
- Educators will discuss with the children the use of water tank water and how it differs from drinking water.
- Hot water accessible to children will be maintained at the temperature of 45°C which will be tested annually. Australian Standard AS 3498.
- Water for pets at the Service must be changed daily and only be accessible to children when educators are present.

Important: parents will be notified as soon as practicable but within 24 hours if their child is involved in an incident/accident at the Service or while under Service care. Also, details of the incident/accident will be recorded on an Incident, Injury, Trauma and Illness Record.

If the incident/accident, situation or event presents imminent or severe risk to the health, safety and wellbeing of the child or if an ambulance was called in response to the emergency (not as a precaution) the regulatory authority will be notified within 24 hours. Educators will follow emergency procedures and contact emergency services if a child appears to be missing or unaccounted for or is involved in a serious incident or accident.

Continuous Improvement/Reflection

Our Water Safety Policy will be updated and reviewed annually in consultation with families, staff, educators and management.

Source

Australian Children's Education & Care Quality Authority. (2014).

ACECQA. (2021). Policy and procedure guidelines- Water Safety Guidelines

Early Childhood Australia Code of Ethics. (2016).

Education and Care Services National Law Act 2010. (Amended 2018).

Education and Care Services National Regulations. (2011)

Guide to the Education and Care Services National Law and the Education and Care Services National Regulations (2017).

Guide to the National Quality Standard. (2017).

KidSafe (2021). Water Safety. https://kidsafe.com.au/water-safety/

National Health and Medical Research Council (NHMRC): www.nhmrc.gov.au

NSW Department of Health: www.health.nsw.gov.au

Revised National Quality Standard. (2018).

Victoria Government. Better Health Channel. Water safety for children.

Review

| Date Reviewed | Modifications | Review Due |
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