

# Edinburgh College

## Basketball Academy Prospectus



# Contents



<b>Contents</b>	<b>2</b>
<b>Message from the Principal</b>	<b>3</b>
<b>Message from the Head of Secondary</b>	<b>4</b>
<b>Basketball Academy</b>	<b>5</b>
What is the purpose of the Edinburgh College Basketball Academy	5
<b>What does our academy look like?</b>	<b>5</b>
Whole School Sport	5
Community Academy	5
Year 9 Basketball Elective	6
Morning Training Sessions	6
<b>Competitions</b>	<b>6</b>
Success in 2019	7
Australian College Championships	7
<b>Academics and Sport</b>	<b>7</b>
<b>Curriculum</b>	<b>7</b>
<b>Building for the Future</b>	<b>8</b>
<b>Primary School Engagement</b>	<b>8</b>
<b>Sponsorship</b>	<b>9</b>
<b>Growth Measurement</b>	<b>10</b>
<b>Weights Room Development</b>	<b>10</b>
<b>Scholarships</b>	<b>11</b>
<b>Positions/Roles/Responsibility</b>	<b>12</b>
Head of Secondary - Edinburgh College	12
Anastazya Ferry	12
Head of Basketball Academy	12
Tim Drewitt	12
Head of Sport at Edinburgh College	12
David Jones	12
Basketball Elective Teacher/Coach	12
Ben Shaw	12
<b>Basketball Scholarship Application Form</b>	<b>1</b>



# Message from the Principal

Mr Tim Borgas

At Edinburgh College, our team of caring, talented and dedicated staff and volunteers endeavour to be the best educators and support possible for your child. We strive to understand each student's learning journey; their learning preferences, what inspires them, and how they can turn failure or disappointment into a growing opportunity.

From Early Years right through to Secondary, Edinburgh College provides Christian education with a focus on nurture, service, and the development of character for each student. We instill the core values of our college, demonstrating what it means to be Respectful, Responsible, Resilient and to have a Willingness to Learn.

Our Year 7-12 Curriculum offers a balanced education from the core subjects of English, Maths and Science to the Arts and Health, providing your child with the opportunity to further refine their interests and capabilities through elective subjects in Years 9 and 10.

Our Secondary Campus is a safe and wholesome environment where each student has the opportunity to flourish. Upon completion of their journey at Secondary our students graduate with confidence and are ready to meet the needs of a challenging world.

Welcome to Edinburgh College.



# Message from the Head of Secondary

Mrs Anastazya Ferry



Secondary students at Edinburgh College benefit from a deep and broad education. Deep, in the sense of deeper learning of the existing disciplines, but also broad knowledge in areas such as entrepreneurship and technology. Students will be able to use this knowledge in terms of creativity, critical thinking, communication, and collaboration. Success is anchored in positive engagement with the world outside school, and beyond, via character, values, resilience, ethics and the ability to have a positive influence. A growth mindset and the ability to reflect, adapt, learn, unlearn, relearn and continue to learn is pivotal to ongoing success in the workplace and further studies.

In addition to the core subject offering, we offer a range of extra-curricular programs available for secondary, including an elite Basketball and expanding sports program, a Science service program, VET options beginning in Year 9, Music and Creative Arts program and Food Sustainability and Horticulture as part of Geography.

Working in partnership with our parent community, Edinburgh College is proud to produce changemakers, innovators, and disruptors, who are balanced and prepared, ready to take on any new challenge with confidence.



# Basketball Academy



## What is the purpose of the Edinburgh College Basketball Academy

Edinburgh College Basketball Academy, founded in 2019, strives to assist players to become the best they can be, both on and off the court. We are passionate about providing high level coaching, focusing on individual skill development, nurturing our athletes and the growth of the game itself.

We provide opportunities to partner with families in delivering elite basketball coaching and studies within an academic school setting. We strongly believe that sport should be coupled with the best academics a student can achieve, and as such we provide high level coaching alongside an excellent academic program.

## What does our academy look like?

We nurture and encourage our athletes to play with sportsmanship and character, along with completing their studies, ensuring positive future post school prospects.

We have partnered with Avi Meyerson, from AM Elite Hoops, acclaimed skills coach and professional basketball trainer. Avi is an integral part of our Thursday community Academy. This Academy is open to athletes of all ages from across our area.

We have athletes from a number of Victorian Junior Basketball League (VJBL) representative basketball clubs engaged in our programs. As a school, we do not schedule games or training on Friday/Saturday, to allow students to be free for their other Rep Club Commitments.

### Whole School Sport

Each Wednesday during Period 5 & 6, teams compete in the Christian Schools Events Network (CSEN) on a fortnightly basis. High level individual skills sessions and on court game time is provided in 'off weeks'. This operates during school hours.

### Community Academy

We are open to the local community. Partnering with AM Elite Hoops, athletes are put through intense repetition style basketball skills sessions. A heavy focus provided on footwork, ball handling, basketball IQ, strength and conditioning and shot selection. This is done across three sessions on a Thursday evening catering to all skill levels.

#### Beginners

In this program students learn the foundations of basketball. Understanding the basics of the game; ball handling, footwork, shooting form and game play. Generally suited to primary school aged players looking at gaining a fundamental understanding of the game before progressing to more elite levels.



### Intermediate

This program is delivered to both primary and secondary students that have been playing for some time, and would like to increase their understanding of the game. This level has a heavy focus on footwork, shot selection, reading the game, and introduction to strength and conditioning. This would be suited to players who are in the lower levels of Rep basketball, or high level domestic.

### Invitation

As players progress through the previous two levels, they are invited to the elite sessions. These are high intensity, high workload, with a heavy focus on reading the game, ball movement, footwork, shot selection, nutrition and strength and conditioning. These sessions are aimed at athletes playing high level Rep basketball, high level domestic, state and VC level.

## Year 9 Basketball Elective

Year 9 students have the opportunity to study basketball during their regular class time. This elective stream of our academy has a heavy focus on fitness, nutrition, understanding the game and its rules, and a referee course. Students in this elective have 5 periods per fortnight in which to sharpen their skills and mindset.

## Morning Training Sessions

Our athletes are open to train early mornings on both a Tuesday and Thursday. Tuesday is aimed at more advanced students, with a heavy focus on overall fitness and basketball. Thursday mornings are a lighter session so it does not impact on the elite evening sessions.

# Competitions

Allowing our student athletes the opportunity to play basketball is a primary focus to our Academy. Throughout the year students take part in Christian Schools Events Network, this facilitates fortnightly games with other schools in our catchment area. The alternate week is spent training as a team for the upcoming games or tournaments.

On top of our fortnightly games, each year we enter teams into the following tournaments, with multiple rounds based on our success.

Victorian College Championships 3:3  
Victorian College Championships 5:5  
McDonalds Champions Cup  
Australian College Championships





## Academics and Sport

The education activities of the College are designed to provide opportunities for all students to achieve their maximum development intellectually, spiritually, socially and physically.

We acknowledge that sport is often the prime focus in a young person's life, but also guide them to think of the future post sport, no matter how successful they become.

It is our expectation that students leaving Edinburgh College will have achieved their individual best possible academic results, along with achieving excellence in sport. Our educators know their students on an individual level, nurturing, engaging and encouraging them through their school experience. Our students achieve brilliant academic results through our continued high performance ATAR scores, and regularly test well above their peers in NAPLAN testing.

## Curriculum

In 2020, Edinburgh College introduced a specialised basketball elective program, available to both boys and girls in Year 9 who wish to pursue excellence in the sport of basketball.

Supplementing the holistic education provided by the College, the basketball elective aims to develop physical skills and fitness, teamwork, leadership, designer workout programs, nutrition, interpersonal skills and knowledge of sport officiating and coaching.

Students enrolled in the Specialised Elective Basketball Program will play for the Edinburgh Comets College teams entered in the Victorian College Basketball Championships, as well as the Australian Schools Basketball competition hosted by different Australian states annually. Continued development through club and association basketball competitions is encouraged. Teams will also be entered in inter-school competitions. Students are highly encouraged to participate in the after-school Basketball Academy.

Students receive expert coaching from our coaching staff through practical, theoretical and strength and conditioning sessions in the following key areas:

- **SKILLS:** Advanced Fundamentals. Ball handling, footwork, shot creation.
- **DRILLS:** Game Situations. Pick and rolls, Pin downs, Pinch Post, Wing/Corner/Elbow.

- **APPLICATIONS:** Live Action. Making reads, Basketball IQ, Applying skills and drills.



### Relevance to further studies

This program allows young male and female student athletes to develop their sporting talent while receiving their secondary education concurrently. The College has links to highly qualified coaches with connections into the American College Basketball scene.

## Building for the Future

Edinburgh College currently has plans for a new and improved basketball facility to be built on campus within the next two years.

This state of the art stadium will cater for our growing basketball academy and community on the whole. The stadium will be modelled on high level college stadiums, to maximise the best use of the ground possible while providing a facility that will assist out athletes to achieve their goals.

## Primary School Engagement

Edinburgh College Basketball Academy runs small basketball classes for primary schools in our immediate area, to get a taste of what life on campus might be like should they attend here for basketball purposes.

These classes are run by our coaching staff along with select students from across the year levels, depending on their availability.

A typical lesson would proceed this way:

### Welcome

A little bit about Edinburgh College, and the training session for the day.

### Warm Up Activity

Dynamic stretches and active warm up.

### Ball Handling Skills Practice

Stationary ball handling

- Stance and position
- Right and left hand, pound the ball with correct posture and ball protection
- Straight crossovers
- Through the legs
- Scissors challenge
- Below their back



- Combination of all
- 2 Ball handling



### Attack and Retreat Skill Focus

- Simple attack and retreat, up and back, pounding the ball, eyes up, scanning the floor.
- Attack and retreat with the addition of crossovers and opposite hands.

### Form Shooting Practice

- Students are taught correct footwork, stance, and ball control for single handed shooting.
- Laying flat on the floor
- Upright form shooting, no ring
- Form shooting with guide hand and ring

**Follow the BEEF (Balance, Eyes, Elbow, Follow-through)**

Following a training session, the visiting students are invited to play a game/round robin for the remainder of the afternoon, in various formats. Prizes are given to the winning teams.

## Sponsorship

The need for sponsorship for Edinburgh Basketball Academy is forefront.

It would be expected that any sponsors coming on board to the program, would uphold and respect the schools core values. Partnerships/sponsorships are not confirmed until they have been approved by the school board.

Examples of sponsorship

- Building Funds (eg buy a brick)
- Sponsorship Board within stadium
- Advertising at Edinburgh Basketball Academy Holiday Camps
- Sponsorship of equipment
- Sponsorship of tours/tournaments
- Uniform sponsorship
- Student sponsorship

# Growth Measurement



Key measurements on how well the program is going need to be considered. Some suggested KPI would be.

- Individual improvement in the game understanding and game play of students.
- Team improvement and development/growth.
- Teams competing and being competitive in higher division basketball.
- Success of teams in higher division basketball.
- Growth of students on and off the court.
- New students attending Edinburgh College with basketball a primary factor.
- Growth of the community academy, with the primary sessions progressing through to the higher skill sessions.
- Community awareness that Edinburgh College is offering a Basketball Academy, along with a high academic focus.

## Weights Room Development

The need for a weights room has been identified, with the up stairs mezzanine above the 'ball room' in the current stadium the location. A series of resistance based body development tools have been purchased with the need for minor additions over time.

As our program grows, and our students mature, it is expected that Edinburgh College will need to provide qualified weights trained staff, able to tailor programs for our individual students. This may be done as a joint venture with an exercise physiologist (potential sponsor), to ensure our students are getting the best training and weights development possible.

The weights room may be opened to not only the Edinburgh College Basketball Academy, but the broader school as a focus on physical health and fitness.

# Scholarships



Edinburgh College Basketball Academy currently offers 3 year basketball scholarships. These scholarships are 50% of the tuition fees for students attending Edinburgh College and include a 50% reduction in fees for the Edinburgh College Community Academy on Thursday evenings.

In order for a student to be considered for a scholarship it is expected that;

- The applicant is of good character
- The applicant has achieved good grades and a positive report from their previous school/s
- The applicant is willing to uphold the values of Edinburgh College
- The applicant understands that a scholarship requires them to engage in all of the Edinburgh Basketball Academy and Community Academy projects including school holiday camps
- The applicant will play with good sportsmanship and foster the positive culture and nature of Edinburgh College
- The applicant will have been playing basketball for a number of seasons, at either high level domestic, or representative level
- The applicant will provide references from at least two basketball coaches who will be contacted in regards to their character, coachability, on court abilities, attitude and attendance to training and games
- The applicant understands that Edinburgh College has a high level of academics, and commits to upholding their academic schooling on par with their basketball commitments
- The applicant will be above reproach in their behavioural standards. Progression to focus cards will result in their suspension from basketball teams. The possible termination of their scholarship will be investigated if they should continue to progress through the school PB4L system
- Willing to give their best at all tasks on and off the court
- Willing to ensure that their academics move in an upward direction, bettering themselves both on and off the court

# Positions/Roles/Responsibility



As a joint group, the following staff members form the basketball committee working together and meeting monthly to ensure the growth and development of the program.

## Head of Secondary - Edinburgh College

### Anastazyia Ferry

- Overseas entire program
- Scholarship recruitment
- Meets with key stakeholders, sponsors and community engagement
- Maintains the culture and presence of the Basketball Academy within the school and broader community
- Ensures compliance

## Head of Basketball Academy

### Tim Drewitt

- Responsible for the day to day running of the Community Academy.
- Parent engagement with basketball tournaments, skills sessions and training opportunities
- Ensuring the overall growth and measurement of the program
- Recruiting of potential students
- Furthering opportunities for Edinburgh College Basketball Academy both within and external to Australia
- Monthly meetings regarding the above with key stakeholders, hosting and taking of minutes
- Team coaching and coordination and selection

## Head of Sport at Edinburgh College

### David Jones

- Works alongside Tim with development of the academy and curriculum
- Overseas compliance
- Weight room training
- Stadium bookings and maintenance

## Basketball Elective Teacher/Coach

### Ben Shaw

- Formation of curriculum to further the basketball IQ and knowledge of the game.
- Assessment of Year 9 basketball students against nationally recognised curriculum
- Before school training opportunities for students
- Team coaching, coordination and selection

# Basketball Scholarship Application Form



## A. STUDENT'S DETAILS

(This section to be completed by Parent/Guardian)

Surname: (Please use BLOCK LETTERS)

---

Given Names: (Please use BLOCK LETTERS)

---

Preferred Name: (Please use BLOCK LETTERS)

---

## B. STUDENT INFORMATION

(Student to complete this section in their own handwriting)

1. List any positions and/or responsibilities held at your current school.

---

---

---

---



2. List any recent awards received in recognition of leadership in the area for which you are making a scholarship application (either at school or within the community).

---

---

---

---

3. Please give details of your extracurricular activities, hobbies or interests.

---

---

---

---

4. Please provide any other details, which may be helpful in consideration of your application for a scholarship at Edinburgh College.

---

---

---

---





### C. YOUR AREA OF PROFICIENCY

(Student to complete this section in their own handwriting)

Please select the area you will be applying for a scholarship in.  
If you select more than one area, please list separate answers for each.

- |              |              |
|--------------|--------------|
| • Academic   | • Leadership |
| • Basketball | • Science    |
| • Creativity | • Service    |
| • Sport      | • Music      |
| • Technology |              |

1. What length of time have you had an interest / proficiency in this area?

- |                |               |
|----------------|---------------|
| • Under 1 year | • 3 – 6 years |
| • 1 – 2 years  | • 7 + year    |

2. List some activities you have been engaged in during the past year relevant to your area.

---

---

---

---

3. Have you received private coaching or are you involved in any representative sports associations within this area?

---

---

---

---



4. List any qualifications, certificates, prizes or awards you have in this area.

---

---

---

---

#### **D. REFEREES**

Applications will need to be accompanied by three references from three separate individuals. For existing Edinburgh College students, the name of the nominating teacher is required only.

For prospective students, please attach the three completed reference sheets to your application. A 'Referee's Statement' form is provided with this pack.

References should address the following criteria:

- One character reference
- One reference regarding your area of proficiency
- One education behavioural reference (a statement about the student's school-based behaviour from an educator)

References can be obtained from any three of the following people:

- |                 |                    |
|-----------------|--------------------|
| • Pastor        | • Coach            |
| • Professional  | • Teacher          |
| • Principal     | • Community Leader |
| • Private Tutor |                    |



Please write the name and contact details of the three persons included as your referees:

1. Name	Position	Phone No.
---------	----------	-----------

---

2. Name	Position	Phone No.
---------	----------	-----------

---

3. Name	Position	Phone No.
---------	----------	-----------

---

**E. ACADEMIC RECORDS**

Academic records must show a “At Standard or Above Standard”, and greater for those applying for an academic scholarship. Special consideration will be taken for those students who demonstrate a consistently healthy work ethic and a respectful attitude to learning.

**F. CHECKLIST**

Have you submitted the following items with your application?

- Application form
- Copies of applicant's two most recent school reports
- Copy of student's birth certificate
- Three written references on 'referee's statement'  
(prospective students only)



Please forward this application and attachments to:

Principal  
Edinburgh College  
33-61 Edinburgh Road  
Lilydale, 3140

## **G. SIGNATURES**

We request that the above-named student be considered for scholarship at Edinburgh College and understand the criteria set out in the guidelines document.

Parent/Guardian's signature: \_\_\_\_\_

Date: \_\_\_\_\_

Student's signature: \_\_\_\_\_

Date: \_\_\_\_\_

# Basketball Scholarship Application 2020

## Referees Statement



**Name of Student:**

---

**Scholarship application for:**

Academic / Leadership / Basketball/ Creativity / Service / Science / Sport /  
Music / Technology

**Referee Name**

**Phone No.**

---

Please respond to the following questions and add additional information where it will be relevant.

1. How long have you known the applicant?

---

---

---

---

2. Outline the specialised skills of the applicant.

---

---

---

---



3. Outline any awards or recognition that the applicant has received in relation to this scholarship application.

---

---

---

---

4. Please use this space to provide additional information that you feel may be relevant to the student's application.

---

---

---

---

5. Please sign the reference and return this form to the student who is making an application for an Edinburgh College scholarship.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



