

# Gilson College

## Canteen Menu - TERM 2 & 3 2023

GF – gluten free, TN – may contain traces of nuts, EP – contains egg product, D – Dairy. Please note that Salad boxes are gluten free		Order Price	Walk up Price
TN, D	Arancini Balls – Mushroom, Spinach & Cheese	1.50	
TN, GF	Brown Rice with Vegies – Includes Tamari & Sesame Oil	5.00	
TN, D	Burek – Spinach & Ricotta <b>OR</b> Apple	3.30	
TN, D	Burger - Vegie Patty with Salad & Cheese on a Bun (Wholemeal 10cents extra)	5.50	
TN	Buttered Roll (Wholemeal 10cents extra)	1.70	
TN, D	Calzone – Mozzarella & Tomato (Monday & Thursday Only)	5.80	6.00
TN, D	Cannelloni – Spinach & Ricotta	5.00	5.50
TN, D	Cheese Roll (Wholemeal 10cents extra)	2.70	
TN,EP	Curry Vegie Pie 220g	6.00	
TN	Curry Vegies & Rice – Pumpkin, Chickpeas & Broccoli (Tuesday Only)	5.80	
TN, D, EP	Egg, Cheese & Lettuce Roll or Sandwich (Wholemeal 10cents extra)	4.50	
TN, D, EP	Egg, Cheese & Salad roll or Sandwich (Wholemeal 10cents extra)	5.00	
TN, D	Greek Salad	5.80	
TN	Hot Dog & Sauce	4.30	
TN, D	Hotdog with Shredded Tasty Cheese	4.80	
TN, D	Jacket Potato – Garlic Butter, Cheese, Corn, Coleslaw & Sour cream (Friday Only)	5.80	
TN, D	Lasagne Vegetables (Gluten Free Available \$4.80)	4.50	4.80
TN, D	Macaroni and Cheese	4.50	4.80
TN, D	Pasta (Includes mushrooms, zucchini, lentils & Carrots) <b>Wednesday Only</b>	<b>L</b> 5.00 <b>\$</b> 4.00	5.50
TN, D	Pastizzi – Spinach & Ricotta	1.50	
TN, D	Pide – Haloumi & Spinach	3.50	
TN, D	Pizza –Margherita <b>or</b> Vegetarian- Round (Thursday & Friday Only)	4.80	5.00
TN, EP, GF	Salad Box with Egg- * .50c additional for hummus	5.50	
TN, GF	Salad Box with Falafel Balls & Hummus	6.00	
TN, D	Salad Roll or Sandwich - Includes Cheese	4.50	
TN, D, EP	Soup with Bun (Please check the soup of the day)	4.00	
TN, D, EP	Spinach & Ricotta Roll	5.00	
TN, D, EP	Turkish Bread with French Onion <b>or</b> Hummus Dips	4.50	
TN, EP	Vegie Pastie	5.50	
TN	Vegie Sticks, Pita Crisp and Hummus or French Onion Dip	4.50	
TN, D, EP	Zucchini Slice (Thursday Only)	4.50	
<b>DRINKS</b>			
	350ml Up & Go - Chocolate, Strawberry & Vanilla	3.50	
	250ml Up & Go - Chocolate, Banana, Strawberry & Vanilla	3.00	
	450ml Harvey Fresh Juice (Apple & Blackcurrant, Apple & Orange	3.80	
	200ml Juice Box (Apple & Blackcurrant, Apple, Orange & Tropical)	2.50	
	250ml Juice Box (Apple & Blackcurrant, Apple & Orange)	3.00	
	600ml Mineral water	2.50	
<b>SNACKS</b>			
TN, D	Crackers & Cheese	1.50	
TN, D	Yoghurt with Muesli or Berries	3.50	
	Seasonal Fresh Fruit Bag	2.50	
	Fruit Salad	5.00	
D (cheese)	Bag of mixed veg (*with cheese \$3.50)	2.50	
<b>MISCELLANEOUS</b>			
	Banana Bread	2.50	

	Sesame Crisp	1.50	
	Popcorn	2.50	
	Grain Waves 40g	2.80	
	Vege Chips 50g	3.00	
	Icy Pole	1.00	
<b>LUNCH BAG EXAMPLE</b>			

**Name:** John Brown

**Class:** Prep S

<b>Order:</b>	2 Pastissi	\$3.00
	Bag of Fruit	\$2.50
	Apple Juice 200ml	\$2.50
	<b>Total</b>	<b>\$8.00</b>

<b>Money Enclosed</b>	<b>\$8.00</b>
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Bags need to be large enough to accommodate items.  
If no lunch bag is supplied, a charge of 10 cents will apply.

For Canteen safety, please Do Not use STAPLES on bags.

Please note: Lunch orders with insufficient funds will be supplied items to the value of total enclosed. If no money is included in the order, a vegemite/buttered roll will be supplied and a bill sent home to Parent/Guardian.

Ensure that the money is properly placed inside the lunch order bag to prevent any possible loss.

**PRICES AND MENU ARE SUBJECT TO CHANGE EVERY TERM DEPENDING ON THE COST OF THE SUPPLIER.**