

Gilson College

Canteen Menu - TERM 1 2024

<i>GF – gluten free, TN – may contain traces of nuts, EP – contains egg product, D – Dairy.</i>		Price
TN, D	Arancini Balls – Mushrooms & Cheese	1.50
TN, D	Bean Burrito (Monday Only)	5.30
TN, EP	Biryani Rice with Green Beans, Zucchini, Tofu & Egg (Tuesday Only)	6.00
TN, GF	Brown Rice with Vegies (Includes tamari & sesame oil)	5.00
TN, D	Bruschetta – (Wednesday Only)	4.00
EP, D, TN	Burger Vegie - Vegie Patty with Salad & Cheese	5.50
TN, D	Burek – Spinach & Ricotta OR Apple	3.50
TN	Buttered Roll	1.70
TN, D	Calzone - Mozzarella & Tomato (Monday & Thursday Only)	6.00
TN, D	Cannelloni – Spinach & Ricotta	5.00
TN, D	Cheese Roll or Sandwich	2.70
TN, D	Crackers, Vegie Sticks and Cheese	4.50
TN, EP	Curry Vegetable Pie 220g	6.00
TN, EP, D,	Egg, Cheese & Lettuce roll or Sandwich	4.50
TN, EP, D,	Egg, Cheese & Salad roll or Sandwich	5.00
TN, GF, D	Greek Salad	6.80
TN, EP	Hot Dog & Sauce	4.30
TN, EP, D	Hotdog & Sauce with Shredded Tasty Cheese	4.80
TN, EP, D	Jacket Potato – Garlic Butter, Cheese, Corn, Coleslaw & Sour Cream (Friday Only)	6.00
TN, D	Lasagne Vegetables (Gluten Free \$4.80)	4.50
TN, D	Macaroni and Cheese	4.50
TN, D	Pasta in Red Sauce & Vegies - includes mushrooms & Lentils (Wednesday Only)	L 5.50 S 4.00
TN, D	Pastizzi – Spinach & Ricotta	1.50
TN, D	Pide – Haloumi & Spinach	3.50
TN, GF	Pita Crisps, Vegie Sticks & Hummus or French Onion Dip	4.80
TN, EP, D	Pizza – Margherita or Vegetarian (Thursday & Friday Only)	5.00
TN, EP, D	Quisadilla – includes blackbeans, corn, capsicum, spinach, parsley & onion (Tuesday Only)	5.00
TN, GF	Salad Box Plain (Includes Tabouleh)	5.00
TN, GF	Salad Box with Egg (Includes Tabouleh)	5.50
TN, GF	Salad Box with Falafel Balls & Hummus (Includes Tabouleh)	6.00
TN, D	Salad Roll or Sandwich with Cheese	4.50
TN	Samosa	2.00
TN, EP, D	Savory Muffin (Thursday Only)	3.00
TN, EP, D	Spinach & Cheese Roll	5.00
TN	Sushi – Vegetarian (Thursday & Friday Only)	3.00
TN	Tropical Salad – Includes pineapple, apple, sultana and pepita	5.00
TN, EP, D	Turkish Bread with French Onion OR Hummus Dips	4.50
TN, EP	Vegie Pastie	5.50
DRINKS		
	350ml Up & Go (Chocolate, Strawberry & Vanilla)	3.50
	250ml Up & Go (Chocolate, Banana, Strawberry & Vanilla)	3.00
	450ml Harvey Fresh Juice (Apple, Apple & Blackcurrant & Orange)	3.80
	200ml Juice Box (Apple & Raspberry, Apple, Orange & Tropical)	2.50
	600ml Mineral water	2.50
	Icy Pole	1.00
SNACKS		
TN, D	Yoghurt with Muesli or Berries	3.50
	Seasonal Fresh Fruit Bag	2.50
	Fruit Salad	5.00

D (cheese)	Bag of Mixed Vegie Sticks (*with cheese \$4.00)	3.00
	MISCELLANEOUS	
	Banana Bread	2.50
	Sesame Crisp	1.50
	Popcorn	2.50
	Vegie Chips 50g	3.50
	Grain Waves 40g	3.00

Name: John Brown

Class: Yr. 5S

Order:	Arancini balls 2x	\$3.00
	Bag of Fruit	\$2.50
	Apple juice box 200ml	\$2.50
	Total	\$8.00

Money Enclosed	\$8.00
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**Bags need to be large enough to accommodate items.
If no lunch bag is supplied, a charge of 10 cents will apply.**

For canteen safety, please Do Not use STAPLES on bags.

Please note: Lunch orders with insufficient funds will be supplied items to the value of total enclosed. If no money is included in the order, a vegemite/buttered roll will be supplied and a bill sent home to Parent/Guardian.

Ensure that the money is properly placed inside the lunch order bag to prevent any possible loss.

PRICES AND MENU SUBJECT TO CHANGE EVERY SCHOOL TERM.