



## Gilson College

### Canteen Menu - TERM 1 & 4, 2026

GF – gluten free, TN – may contain traces of nuts, EP – contains egg product, D – Dairy.		Price
TN, D	Arancini Balls – Mushrooms & Cheese	1.50
TN, D	Bean Burrito <b>(Monday Only)</b>	5.80
TN, EP	Biryani Rice with <b>Green Beans, Zucchini, Tofu &amp; Egg (Tuesday Only)</b>	6.00
TN, GF	Brown Rice with Veggies <b>(Includes tamari &amp; sesame oil)</b>	5.00
D, TN	Burger Veggie - <b>Veggie Patty with Salad &amp; Cheese</b>	6.00
TN, D	Burek – <b>Spinach &amp; Ricotta OR Apple</b>	3.50
TN	Buttered Roll	1.70
TN, D	Cheese Roll or Sandwich	2.70
TN, D	Crackers, Veggie Sticks and Cheese	5.00
TN, EP, D,	Egg, Cheese & Lettuce roll or Sandwich	4.80
TN, EP, D,	Egg, Cheese & Salad roll or Sandwich	5.50
TN	Falafel Wrap	4.00
TN, GF, D	Greek Salad	6.00
TN	Gyoza Vegetarian with Sauce – Includes sesame oil (5pcs)	6.00
TN, EP	Hot Dog & Sauce	4.50
TN, EP, D	Hotdog & Sauce with Shredded Tasty Cheese	5.00
TN, EP, D	Jacket Potato – <b>Garlic Butter, Cheese, Corn, Coleslaw &amp; Sour Cream (Friday Only)</b>	6.00
TN, GF	Kale Salad with Sunflower Seeds & Creamy Tahini Dressing <b>(Monday &amp; Friday Only)</b>	5.50
TN, D	Lasagne Vegetables	4.80
TN, GF	Lebanese Sushi – Wara Wara Enab <b>(Tuesday &amp; Wednesday Only)</b>	4.50
TN, D	Macaroni and Cheese	4.80
TN, D	Pasta in Red Sauce & Veggies – <b>includes mushrooms, carrots &amp; zucchini (Wednesday Only)</b>	L 5.50 S 4.00
TN, D	Pastizzi – <b>Spinach &amp; Ricotta</b>	1.50
TN, GF	Pita Crisps, Veggie Sticks & Hummus <b>OR</b> French Onion Dip	5.00
TN, EP, D	Pizza –Margherita or Vegetarian <b>(Thursday &amp; Friday Only)</b>	5.00
TN, D	Quisadilla <b>(Tuesday &amp; Thursday Only)</b>	5.00
TN, GF	Salad Box Plain <b>(Includes tabouleh)</b>	5.00
TN, GF	Salad Box with Egg <b>(Includes tabouleh)</b>	5.80
TN, GF	Salad Box with Falafel Balls & Hummus <b>(Includes tabouleh)</b>	6.30
TN, D	Salad Roll or Sandwich with Cheese	4.50
TN	Samosa	2.50
TN, EP, D	Spinach & Cheese Roll	5.00
TN	Sushi – Vegetarian <b>(Thursday &amp; Friday Only)</b>	3.30
TN, EP, D	Turkish Bread with French Onion <b>OR</b> Hummus Dips	4.50
TN, EP	Veggie Pastie	6.00
<b>DRINKS</b>		
	350ml Up & Go <b>(Chocolate, Strawberry &amp; Vanilla)</b>	3.80
	250ml Up & Go <b>(Chocolate, Banana, Strawberry &amp; Vanilla)</b>	3.20
	450ml Harvey Fresh Juice <b>(Apple, Apple &amp; Blackcurrant &amp; Orange)</b>	4.00
	250ml Juice Box <b>(Apple &amp; Raspberry, Apple, Orange &amp; Tropical)</b>	3.00
	600ml Mineral water	2.50
	Icy Pole	1.00
<b>SNACKS</b>		
TN, D	Yoghurt with Muesli or Berries	3.80
	Seasonal Fresh Fruit Bag	3.00
	Fruit Salad	5.00
D (cheese)	Bag of Mixed Veggie Sticks <b>(*with cheese \$4.00)</b>	3.00
<b>MISCELLANEOUS</b>		

	Banana Bread	3.00
	Sesame Crisp	1.50
	Popcorn	3.00
	Vegie Chips 50g	3.50
	Grain Waves 40g	3.00

**Name:** John Brown

**Class:** Yr. 5S

<b>Order:</b>	Arancini balls 2x	\$3.00
	Bag of Fruit	\$3.00
	Apple juice box 250ml	\$3.00
	<b>Total</b>	<b>\$9.00</b>

<b>Money Enclosed</b>	<b>\$9.00</b>
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Bags need to be large enough to accommodate items.  
If no lunch bag is supplied, a charge of 10 cents will apply.

For canteen safety, please Do Not use STAPLES on bags.

Please note: Lunch orders with insufficient funds will be supplied items to the value of total enclosed. If no money is included in the order, a vegemite/buttered roll will be supplied and a bill sent home to Parent/Guardian.

Ensure that the money is properly placed inside the lunch order bag to prevent any possible loss.

**PRICES AND MENU SUBJECT TO CHANGE EVERY SCHOOL TERM.**